

City Of Torrington

Torrington Parks and Recreation
153 South Main Street
Torrington, CT 06790



Tel: (860) 489-2274
Fax: (860) 489-2588
www.torringtonct.org

Torrington Parks and Recreation to Offer Babysitting Class

FOR IMMEDIATE RELEASE

Date: September 23, 2014

Media Contact: J. Brett Simmons, Superintendent of Parks and Recreation
Torrington Parks and Recreation Department
brett_simmons@torringtonct.org, 860-489-2274

Torrington Parks and Recreation Department is holding a Babysitting class on Saturday, October 18, 2014. This class is for future babysitters, ages 10-15 and will be held from 9:00 AM to 1:00 PM at the Torrington Armory. The class is instructed by CPR O' Heart and will enable 10-15 year olds to safely watch over babies and younger children. This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. There is a minimum of 10 participants required to run this program and a maximum of 16 will be accepted. The fee for the class is \$60.00. Register in advance at the Parks and Recreation Department located at 153 South Main Street.

////